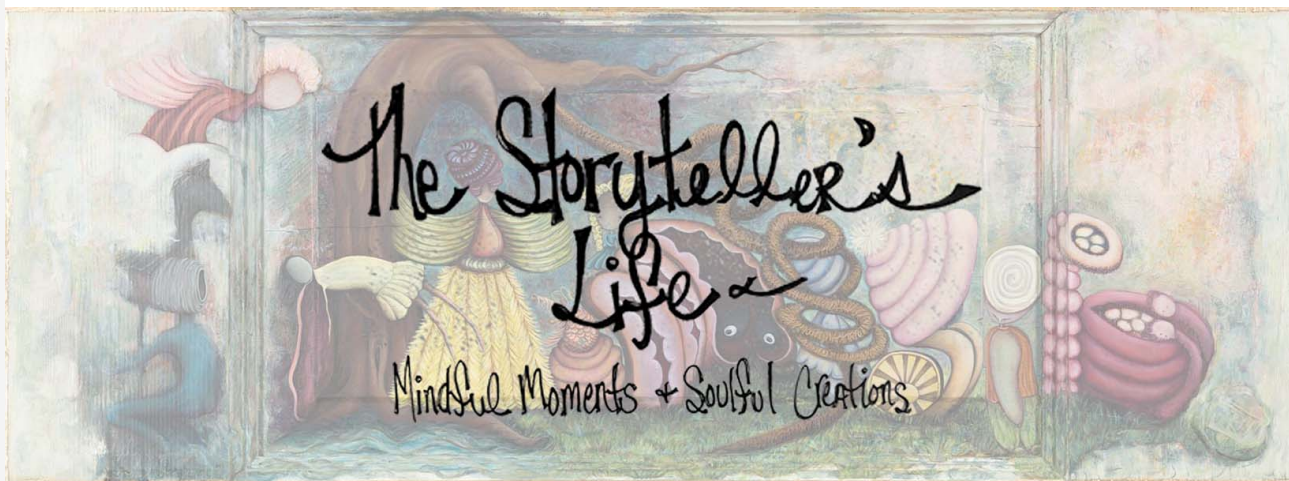




I truly believe in the importance of play, while being authentic and telling our stories.



March 8, 2026

✨ Hello dear ones,

As I write, the songs of the red-winged blackbirds are off in the distance in the marsh behind us. For me, they are always the true sign of spring's arrival!

I apologize for the delay in getting this to you – I didn't forget!

😊 Since I wrote to you last month it's been a whirlwind of new ideas and dreams, applications, life, and more. My head is so very full and needless to say it's near hard to even focus!

I also wanted to give you a heads up: my husband and I are traveling starting next week so my 2nd newsletter for the month of March will not be. But don't worry, I'll pick back up with you in April! And very much look forward to sharing then all that we experienced, not to mention sharing some of my new ideas coming to fruition ~ stay tuned! 😊

WHAT I'M LOVING RIGHT NOW....

→ Phenology ~ I'm finally putting into action a phenology



record of the happenings in our backyard and gardens!

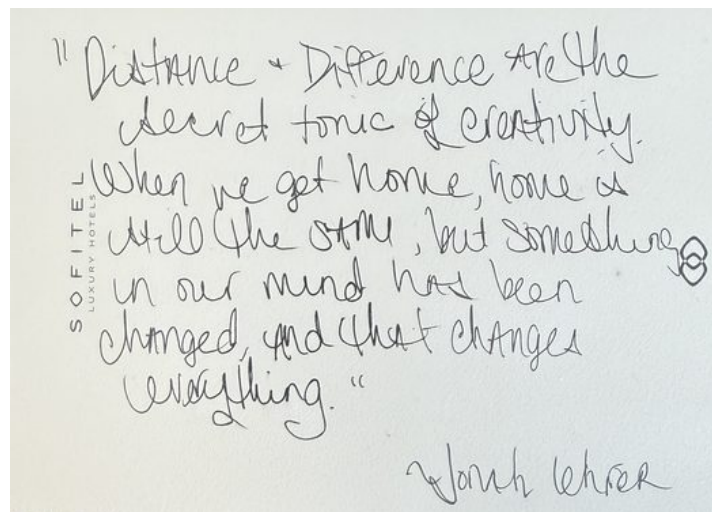
→ The Vintage Storyteller ~ I adore this magical bookstore carefully curated by Kari. If you desire a new destination, here's the place!

→ My new nose piercing! ~ I decided I needed to mark this time in my life, so on my birthday last month I went to Bevel Piercing!

P.S. Please forgive my many "exclamation points!" throughout 😊

My takeaway is: no matter whether it's a place you go to for the first time near your home, or you experience a new location an hour away, or even logging time in a way that is meaningful for you – it's all important to incorporate into the stint we have on earth.

This quote by Jonah Lehrer is one of my absolute favorite quotes. I came across it on one of our travels years ago and couldn't agree more 🥰



So I gently ask you: how do you approach time and space in your own life?

In the Studio, Update:

🎨 I'm thrilled to have my painting, "The Whoopie Do Affair", be accepted into Form + Content's juried Open Loop 2026 exhibit. I am aiming to be at both the opening and closing receptions and would love for you to join us!

🎨 I've been busy working on an application for a grant that is possible with support by the McKnight Foundation. It's been years since I've applied to one (and I'm happy to report that work paid off; I was one of the 2008 recipients of the Jerome Fiber Artists Project Grant!). So here's to fingers and toes crossed on this one!



The Whoopie Do Affair
Oil & Mixed Media, 9 1/8" x 13"
Frame profile designed & hand-finished by me; crafted by a local woodworker

🎨 Painting, drawing from a live model, designing frame profiles for two new Stories on Wood, preparing LARGER! (oh, my!) artist boards for my Abstractions, updating my website, and so much more have all been filling my time in the studio. I really can't wait to show and tell with you next month!

✨ Thank you so much for being witness to my journey as an Artist and a Being on this earth. I look forward to sharing more with you next month! AND I would so love to hear from you ~ if you are so inclined to reply or share back 🙏

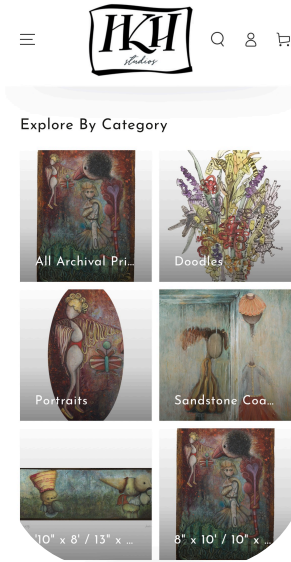
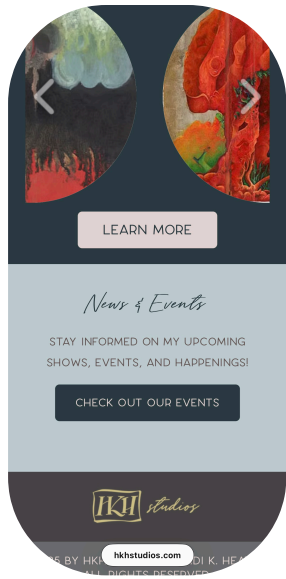
*Until next time,
Please be well,
Heidi*

Connect Further!

I invite you to reach out to me if you are interested in a **Studio Visit**. I also welcome **Inquiries** regarding the availability of my oil & mixed medium work: Stories on Wood, Abstractions and Gems of Being. Just reply to this email!

Visit my Website:

Visit my Store:



Share with a Friend



Please note: I aim to share my experiences and knowledge; rather than to promote or push specific sources onto you.

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