



I truly believe in the importance of play, while being authentic and telling our stories.



April 4, 2026

Hello! and happiest of Spring to you 🌸

I truly hope this finds you well! We arrived home this last Monday from having spent 2 weeks in the Amazon basin of Peru. My husband and I saw and experienced so very much, I'm still processing it all! Coming home to spring in Minnesota we found our mallard duck couple (Jack & Jill) in our newly opened pond and perennials starting to emerge from the dark. I find the timing of what has been, and is transpiring to be, super curious and I can't wait to see how everything unfolds!



There are so many things that I am in love with right now. Along with my takeaway and prompt, here are my top 3 for you:

→ **Color!** - I always love color! On our travels I see how other cultures use color for their homes and buildings - far differently than how we do it here! I took so many pictures of walls painted in layers of pink, blues, greens and more. These colors and textures are truly inspiring! And I'm already incorporating some of what I took in into my work!

My takeaway is: believe in pink dolphins because anything is possible, especially if we use our imagination!

→ **Jane Artisans** - It was suggested my husband and I visit Natalya's gallery in Tarapoto. We spent hours here looking and talking with her and learning about the communities she works with. I absolutely love how she has empowered women by supporting their crafts! (And I love how I was able to capture the joy of the women above. Their work is so beautiful! - we didn't walk away empty-handed.)

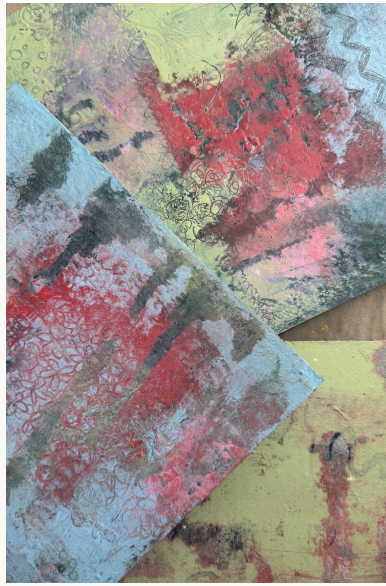
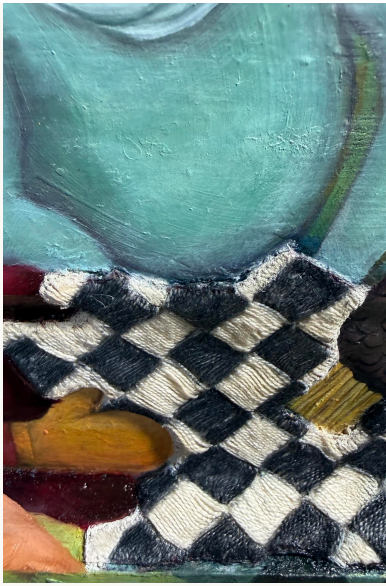
→ **Do You Feel Like Writing?** - A Creative Guide to Artistic Confidence by Frankie Rollins. I'm intrigued by how to approach writing, by having "5 brains", and that one can "Bend Time". I'm a short ways into this, yet I'm loving what I have gleaned so far! And as an artist it's curious to take Rollin's perspective and apply it to my own approach and painterly process.

So I gently ask you: how do you connect what's around you in a fresh, meaningful, and new way?

In the Studio, Updates:

🎨 As referenced in last month's email, I have been working a lot on behind-the-scenes business end-of-things. One of which is this newsletter! What do you think?? I switched from Mailchimp to Flodesk for the intuitive workflows that I want to incorporate, bringing me 1 step closer to what I envision.

🎨 I'm thrilled to report I have been accepted into the 3 top art fairs that I applied to for this summer! Edina Art Fair in June, Art Fair on the Square in Madison, and Ann Arbor - The Original. The complete list will be added to my website later this month.



🎨 I'm nearing the completion of my latest work in progress, one of my Stories on Wood. Shown above is the embroidered detail that I just put the finishing touches on.

🎨 I'm having a love/hate relationship with social media, no offense to anyone. Thus, if you feel you haven't seen me on their, you are not mistaken as I'm currently taking an undetermined length of time break (which I think is taboo for artists who are trying to make it!).

✨ Thank you so much for being witness to my journey as an Artist and a Being on this earth. I look forward to sharing more with you. AND I would so love to hear from you ~ if you are so inclined to reply or share back 🙏

🎨 The above middle photo references 3 of my abstractions in progress. See how the colors from my recent adventure found their way here already!?

🎨 And I just pulled out another piece of wood, prepped and ready for my finger painting! I'm attracted to its size (13.25" x 17" x 2"), texture, and density (as it was once a part of a bread maker's table).

Until next time,

Please be well,

Heidi

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